

WOMEN HYGIENE DRIVE

WHAC/8/2020-2021

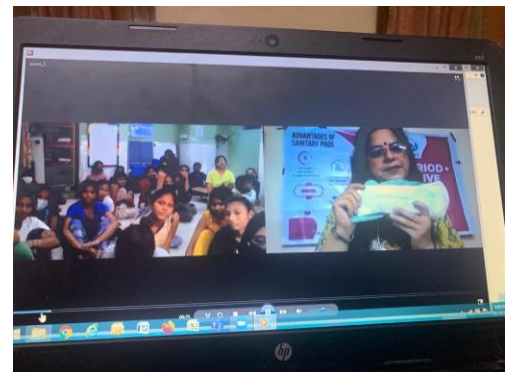
**Kilkari Rainbow homes, Kashmirigate
October 10th, 2020(Online session)**

In India menstruation is generally considered as unclean. Orphanage girls are vulnerable group in our society. The unflinching support and a constant check of orphan girls during menstruation are usually absent. Most of the time Within orphanages, the situation is grim & many girls do not have the knowledge nor means .On the Occasion of International Girl Child Day, With the objective to enhance the knowledge and practices regarding menstrual hygiene among adolescent girls residing in Kilkari Rainbow Homes orphanage at Kashmiri gate an Online Awareness session was conducted which was attended by 65 girls.



Session empowered adolescent girls in orphanages to learnt how to manage their menstruation, feel confident & secure during these days along with usage of sanitary napkins & safe disposal and they were also by provided with Sanitary Napkin Supply for two months by Group of Friends Welfare Trust .

Happy to share that it was a Interactive session and at the end of the session girls came forward with their problems about irregular periods after menarche and pre-menstrual cramps which were well addressed.



We further hope that this project will not only make a positive difference to the lives of girls living in orphanages but also help in breaking the taboo around periods.

Seema Khurana

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