

Free Dental Checkup Camp

Poor oral hygiene is observed in over 70% of Rural/Semi urban Population, with socioeconomic inequalities being a key determinant. The cost of seeing a dentist and dental procedures is very high, so most people with low income avoid going to qualified practitioners. Poor oral hygiene has an impact on the overall health of person and affects their growth and health.

To help people overcome these issues Pure India Organized a Free dental check up camp on March 6, 2021 at Village Bhatti Khurd (Choota Bans) which offered Free Dental health check-up along with important education regarding dental issues, hygiene, treatments etc. Doctor did

proper review and analysis of villager's Dental health care needs, and necessary areas of health improvement in development of organizational wellbeing.

Dental camps organized at Fatehpur Beri NGO center provided:



1) **Dental Awareness-** Accessing the need for dental care & providing oral hygiene education.

2) **Dental Check-ups-** Getting complete picture of dental care needs & dental problems.

3) **Dental treatments-** Providing solution to dental problems by preventive dental treatments at affordable cost.

Around 70 people from the community were benefited from this educative and motivating dental health camp. Out of the 60 who were examined, 55 of them needed treatment for dental caries.

Almost all of them needed counseling and guidance on maintaining proper oral hygiene. During the Screening majority of the villagers were found to be chewing tobacco on regular basis. It was evident that majority of them begin uneducated educating couldn't understand common dental ailments — especially stressing on tooth decay and gum diseases — and the measures used to prevent them. Doctor tried to make each one aware about the eating patterns and food choices which can lead to tooth decay. The surgeons also highlighted about the possible formation of harmful acid which develops when bacteria (plaque) get in contact with sugar in the mouth which ultimately results in tooth decay. "Added sugars often are present in soft drinks, candies, and ice creams therefore to help control the consumption of sugar Parents should control their kids consuming these food items frequently "added dental surgeons.



During the check-up, it was also found that most of the children were also suffering anomalies in oral cavity due to lack of iron and calcium in their diet and for further treatment, referral was done .**Tooth paste was distributed to each on attending the screening camp .**

While wrapping up the camps Coordinator emphasized that these camps are solely serving humanity by taking care of sick children and adults and giving them healthcare services for free. Free medical camps step in as their biggest hope. Even the poorest among us deserve the dignity of equal human rights which cannot be declined.

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