

Sanitary Napkin distribution to Tribal girls during COVID 19

Jonha Panchyat, Ranchi

June 2020

The distribution of sanitary napkins continues. This time during COVID 19 Sahyog Foundation came forward and Join Hands with Aahan Foundation and reached Jonha Panchayat village which is 35kms from Ranchi. Trying to reach as many girls and women as possible and providing them Sanitary napkins.

A woman in Jaratoli village just 35 kms from Ranchi is wearing towel over her saree because she has used her petticoats as sanitary napkin and now have nothing to wear below her transparent saree. She is not alone, there are so many women who are like her and few are even resorting to age old practice of using leaves because sanitary napkin is not available since lockdown. This is an initiative of Aahan Foundation they have already distributed sanitary napkins to women and girls in tribal village but they needs more, Sahyog Foundation purchased 750 packets from our vendor and made arrangements to send them across to Ranchi as thousands of women who are facing this problem were still waiting to get them. Our little help will save them from infectious diseases for which there is no medical help available nearby.

Kudos to the Volunteers of Aahan Foundation for coming forward in a fight for sanitary napkins and making best of her efforts to distribute it in their village during this pandemic times Their fight continues because menstruation is not limited to school going girls or Women in one village. Along with Aahan Foundation they will continue distributing napkins and saving as many women they can.

Not only this With the help of Volunteers Ms. Rashmi Tiwari , Founder Aahan Foundation , has pulled off this task and managed to create the awareness about menstrual hygiene amongst the group of adolescent girls & women who were using leaves or cloth pads for their monthly cycles as either they couldn't afford to pay for them or they weren't aware of the complications of menstrual hygiene. Rashmi ji while talking to us also said that after working in the field of rural development she had noticed that the biggest yet most ignored issue amongst women was their access to menstrual products, however they could never complain or talk about it due to the 'humiliation' or 'shame' attached to it, especially in the rural areas.

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