

## Oxigen

## World AIDS Day - an event to raise awareness on HIV/AIDS

"Misinformation and stigmatization has dramatically impacted patients with HIV/AIDS across the globe,"

It's important to understand HIV virus can lead to AIDS, which is also known as advanced stage HIV. But all people with HIV infection don't necessarily progress to stage 3.

In order to fight a disease, one must have all the information about it. As such, it becomes important to read up a lot, stay away from misinformation and myths, and consciously dispel rumors associated with the disease, especially if can lead to any kind of discrimination for the afflicted person in the society.

On the occasion of World AIDS Day on 1st December 2020 Sahyog Foundation in association with JSS organized a workshop at JSS center in Pandav nagar where the women participants were debunks with the top five myths associated with HIV/AIDS along with educating them about what is HIV and how it spreads.. Group was also made understand that with correct treatment and guidance of an infectious diseases physician, many people with HIV live for years without developing AIDS; unfortunately, these patients continue to be bogged by stigma," so we should help and support them rather than ignoring them. Overall, one needs to be aware about the vagaries and dangers associated with HIV and take all precautions.

By dispelling myths about HIV and AIDS, more people can seek diagnosis and treatment early and lead long, healthy lives.

To mark the day all the members from Jss along with guests wore red ribbon which is the Universal symbol of awareness and support of people living with HIV. Wearing a ribbon □ is a great way to raise awareness on and during the run up to WORLD AIDS DAY...

Some of the beneficiaries reciting the slogan on AIDS / HIV during the session and make a poster of AIDS day...

"Awareness about AIDS is the only solution for HIV....

We wear red ribbon  $\square$  for STROKE awareness....

There is no future with HIV.....

Let's talk openly about AIDS.....

Seema Khurana CSR Lead& Activist









