

Eye Care Camp

A Report...

Date – November 29th, 2019

Time – 10.00A.M -4.00p.m

Venue – Rajokri Slum, Delhi

Eye camp no-37 /FY19-20

World Health Organization reports approximately 517 million people in developing countries are visually impaired because they do not have access to corrective treatment. There is a simple, old, and cost-effective technology to solve this problem— eyeglasses. Yet the problem persists on a vast scale. For the poor, eyeglasses often are either inaccessible or unaffordable, forcing hundreds of millions of people to live below their full potential. Another major barrier to delivering vision correction is the lack of trained optometrists. To better understand the challenges of providing eyeglasses to the poor, it is useful to examine closely and approach to solving the problem. Reviewing our field experiences we concluded that among the causes of problems, highest factor being unable to afford high cost of treatment, surgery and other cost bearing in mind more and more number of people are becoming blind from cataract.



Understanding the cause and proceeding a head, a free Eye check Camp was organized by Oxigen & Sahyog Foundation, in association with Shalom School for the migrants at Rajokri on 29th November, 2019, at School premises office. The Medical camp started at 10.30 am with a welcome address by the director of the school in the presence of people waiting for their turn to get eye checked. For the camp Extensive promotion for the eye camp and free cataract surgery was done in different languages along with banners and leaflets which were distributed door to door. As a result of five days of publicity by Prerna and Oxigen team , we were able to mobilize more than 200 patients to get their eyes screened. All the patients were registered with their name, address and contact number for follow up. The activity went on till 4.30 pm. Out of 217 patients, 14 were identified for cataract surgery and were given



appointments by the doctor for surgery. We hope that their families will cooperate and help these patients to get surgeries done.

During the camp we were able to serve local residents by providing screenings for various eye disorders, such as cataract. The optometrists at the camp screened patients for both

near sighted and far sighted vision. After a screening, patients were provided a prescription and given the opportunity to get eyeglasses from the refraction

table. The refraction table carried readymade spectacles with frames, lenses with different powers. The Volunteers from colony & NGO team helped us in registration and issuing of Medical Cards, I. During the eye camps, two types of services are provided: free prescriptions based on necessary medical check-ups along with distribution of eye drops and specs and free cataract surgery, if necessary in Delhi renowned hospital, free of cost

The flow of needy people to get checked for eye illness was continuous & smooth. The people came for camp made registration at counter & then moved to doctor for checkup. A separate medicine counter was set up to issue the required medicine & specs freely in well organized way..

The event also composed of -talks from Specialists, on Anemia which is the most prominent amongst migrants of today due to unhealthy eating habits and lack of nutritional food. It was a useful event for many as it addressed almost all the health issues caused due to lack of nutrition.

During the screening session it was found that most of them were facing some or the other eye infection due to which they face the problem of watery eyes or running water from the eyes. Quite number of patients especially young ones could also be seen with the red or dusty color surrounding the cornea according to the Doctor it's all due to environmental issues.

The camp was a success as it proved to be beneficial for all age groups. . The response and appreciation of the people was very encouraging this brings the satisfaction of fulfillment of our objective We would like to continue such type of health awareness camp in present as well as in future.

Along with the staff from **OXIGEN & SAHYOG Foundation** we are thankful to Dr.Manoj Dubey & his team who are always kind enough to come over to respective slum to conduct the camp. We are also thankful to everyone involved in planning, implementation & organizing the whole show. Our acknowledgements would be incomplete without thanking School principal Ms. Mathew and her team for being a part of camp It was a flawless event, thanks to the combined efforts of all involved.

Seema Khurana

CSR Lead & Activist