



SIXTEENTH CATARACT EYE SURGERY CAMP

Organized by OXIGEN & SAHYOG

Under its CSR INITIATIVE

FY2019-20/16/Cataract Surgery.

Oxygen & Sahyog Foundation Report on Cataract Surgeries:

Delhi, March 2020

NEW DELHI: Oxygen & Sahyog Foundation under its CSR started with a free eye screening camps and Cataract Surgery camps initiative with a vision – "A willingness to ensure positive and quality eye care to the under privileged". Since 2011 under its CSR is offering free door step eye care services to the under privileged sections of the society with an objective of decreasing the burden of blindness. The commitment has made a change in the lives of more than 60,000 patients towards a clear vision and 1714 with free cataract surgeries to see better and in preventing blindness. We are extremely grateful and thankful to the senior Management at Oxygen services and all those participating in the noble cause of serving the humanity

Sixteenth Cataract surgery camp details

Date- 11th March 2020

Location- Lions Eye Hospital, Delhi

No of Patients undergone surgery-12

Patients From- Badarpur, Shiv Vihar, Noida and Gurugram

Partnering NGO- Lions Eye Hospital, Delhi

Free Eye camp Activities of Oxygen & Sahyog Foundation

CSR team regularly conducts 100% FREE eye camps in the rural areas, semi urban slum locations and schools for early identification of treatable and preventable blindness. Cataract eye screening camps are regularly conducted in various rural areas and Slums every week patients identified for surgery are transported to lions Hospital for cataract surgeries Lions Eye hospital is well equipped Operation Theatres having all the latest and modern ophthalmic equipment's. Camp patients, pre operatively, are assessed by doctors. Patients are provided with breakfast, lunch and Tea during the surgery day by Oxygen & Sahyog Foundation .Patients undergo free surgeries at the hospital and are discharged by the doctors after few hours of stay at hospital and are transported back. Post-operative follow up checkups are organized by the camp organizer to ensure continuity of care. Regular Camps are conducted for school children to identify early detection of various eye disorders in the children. Talks are also organized to bring awareness and educate the parents of the children about eye problems.

In the month of March the surgery camp was organized on 11th March 2020. The patients were from the camps conducted in Jan and Feb 2020. Out of the selected 38 patients 12 came for the surgery on that day at Lions hospital, Delhi. After the couple of test required before the Surgery all 12 patients were finally registered and admitted at the Hospital "All the 12 IOL Surgeries were successful and the bandages were removed the next day. The patients will be followed up in the coming weeks for check-ups and medication. Post surgery before the discharge Dr Anita Arora (New MD) of Lions Hospital went to each bed and talked to the patient to find their response and shared with them the Do's & Don'ts to observe after the surgery. Patients though were not sure about the surgery results but still from the smile on their face we could observe the happiness. They thanked the doctor and the team for nice treatment and take care during the surgery. We would like to express our cordial thanks to Lions Hospital, Delhi and Its Doctors and Paramedical staff, for their appreciable support to eliminate avoidable blindness in marginalized communities

The sequence of steps taken to screen, transport, and conduct the surgery are as follows:

- 1) The patients who come to the camp site are registered
- 2) The patients are screened to determine their eyesight problem
- 3) Those found in need of cataract surgery are tested for inter-ocular pressure
- 4) Patients are then screened for high blood pressure and blood sugar
- 5) The patients who do not have any health complications and are deemed to be in need of cataract surgery are subjected to a final screening by the ophthalmologist
- 6) Patients are then transported to the hospital by bus provided by the OXIGEN & SAHYOG Foundation
- 7) The patients are admitted to the hospital and are operated the same day. During the surgical procedure, clouded lens is removed and a plastic intra-ocular lens is implanted
- 8) after staying for few hours, the patients are checked to ensure that there are no complications and are then transported back home. Patients were grateful to Oxigen & Sahyog Foundation for conducting such surgeries free of cost. They are now able to feel the world once again through their improved visions. Meals and medicines were provided along with a full day's rest at hospital after the surgery. The patients are also provided with post-operative medication, colored glasses and two follow up visits. Proud to Share with you all that Patients were very happy with the facility and special care given to him during the surgery by Oxigen CSR team.

Going through some article I read the following lines and picked them up to share with you all.

It is said - 'to be born as a human being is by virtue of one's greatness of his previous birth and to be born with good health is also determined by that'. All are not born affluent. Our scriptures say ... "Udarcharithanamthu Vasudevakutumbakam". To the generous, the whole world is one family. So it is our duty to help our lesser privileged brethren who need our care. Friends! Come we will unite in this noble cause, and do our best.

Seema Khurana
CSR Lead & Activist

