

WOMEN HYGIENE DRIVE

WHAC/30/2019-2020

Bhatta Village, GTB Nagar

November 18th, 2019

A menstrual hygiene awareness camp was held on November 18 at Govt middle School, Dhankaur, Gautam Budh Nagar. This camp was conducted under Oxigen & Sahyog foundation campaign Women Hygiene awareness. More than 80 girls were actively involved in this MHM camp where they were asked questions and were given important tips to be hygienic and safe during periods. Session also shed light on MHM and urged people to fight taboos around the subject of menstrual hygiene and breast cancer. Discussions veered on orienting the girls on good menstrual hygienic practices such as use of sanitary napkins; washing and cleaning; how to dispose sanitary napkins, followed by precautions to be taken during the period and dietary habits, so, as to enable them to lead a healthy reproductive life in future.



The school children opened up and talked about the issues they face and the stereotypes they have listened to all their lives. After these interactive sessions, School Head master interacted with the Students and appreciated Oxigen & Sahyog foundation for the initiative. He then spoke about how this is a great initiative and more people should be involved in it. This camp made GGSSS the first school in Dhankaur where an event of this scale and nature was organized.

On the occasion, sanitary pads were handed over to Health Management Committee of the school. A song on evils of drug addiction was also presented by culture-team of students.

Attending the Session, Yogita, a Student, said "The workshop has sensitized me on various complications arising out of lack of menstrual hygiene, namely RTI and infertility. I will be more conscious about maintaining hygiene in future and will further spread the message among other women in my neighborhood."

Seema Khurana

CSR Lead & Activist

