



## WOMEN HYGIENE DRIVE

**WHAC/25/2019-20**

**Bandhwari Village,  
September 16<sup>th</sup>, 2019**

130 Girls from Class 7-10 of Government Girls Sr Sec School in Bandwari village participated in a menstrual health awareness session conducted by the Oxygen and Sahyog Foundation, on Monday September 16th, 2019

As a part of the session CSR Activist from Sahyog Foundation spoke to the students about menstrual hygiene, the menstrual cycle, and nutritional information required during menstruation.

During the session she said, “Through this project, we are attempting to spread awareness of menstrual hygiene, especially to those who might not have easy access to it. Most girls were found to be uncomfortable with the conversation on this issue, so we decided to discuss issues targeted to cater to their needs. We

discussed the Problem young girls are facing in School and at home with few examples from our previous sessions. After this few girls were found expressive, we also discussed with them about

good and bad touch . In Between the sessions we distributed Sanitary napkin samples and tried to assess their level of awareness regarding its usage and Disposal.

After our talk we invited girls to come up with their queries and ask questions. Very few of them participated in the question answer session. Once we finished the session a huge crowd waited back to clear their doubts.

While concluding the session we highlighted the major points discussed during the session to ensure that they follow the hygiene tips they learnt today.



Two teachers present as a supervisor throughout the session, termed the initiative very useful. They said, “Girls tend to be shy when it comes to menstruation but today, they were quite active and interacted with you.” .They thanked the team by saying “Thanks a lot for being here and taking an awakening call”.



**Seema Khurana**  
**CSR Lead & Activist**

