

7th CATARACT EYE SURGERY CAMP

Organized by OXIGEN & SAHYOG

Under its CSR INITIATIVE

FY2018-19/7/Cataract Surgery.

Oxigen & Sahyog Foundation Report on Cataract Surgeries

Delhi, September 13, 2018

According to World Health Organization (WHO), around 253 million people worldwide live with visual impairment while 36 million are affected by blindness. The leading cause of this global health crisis is untreated cataracts, a condition in which vision starts blurring and dimming as the lens of the eye becomes clouded. This holds true for India too, a developing country where cataracts still affect as many as 74% of adults above age 60. Today, it is also the cause of blindness in 5 million people and visual impairment in 71 million more.

Furthermore, a vast majority of cataract-afflicted Indians live in low-income settings, as blindness is both a cause and consequence of poverty. It is a consequence, because poverty leads to low

7th Cataract surgery camp details

Date- 13th September 2018

Location- Lions Eye Hospital, Delhi

No of Patients undergone surgery-8

**Patients From- Village Ramgard,
Gannur, Sonapat**

**Partnering NGO- Lions Eye Hospital,
Delhi**



awareness about eye health, increased susceptibility to eye diseases and lack of access to health services. It is also a cause because blindness can reduce earnings and limit employment opportunities while significantly increasing expenses. Social disadvantages associated with cataract-induced blindness are significant too. Negative stigmas associated with the health condition lead to loss of social standing and decision-making authority, further alienating the afflicted from their communities.

However, there's still hope. The solution to this critical yet



curable health crisis is Cataract Surgery— a safe, low-cost and very effective procedure that treats cataract blindness in as little as five minutes. Oxygen & Sahyog foundation has taken up the task of identifying such people in camps organized for this specific purpose and, subsequently, facilitating operation of their CATARACT in well equipped eye hospital, FREE OF COST. The free services include diagnosis, Medicines, operations, lenses, spectacles, transportation, food and post – operative care for the CATARACT patients.

Adding to its Endeavour, **Oxygen & Sahyog Foundation in association with Janak Puri Dharmik & Samajik Mahasangh, organized CATARACT SURGERY CAMPS on September 13th 2018 at Delhi Lions Eye Hospital, New Friends Colony , Delhi , for free cataract surgery of cataract-affected villagers of Village Ramgard, Gannur Sonepat** , In all 8 patients underwent surgery and successfully got back their eye sighted. Dr Anita Arora M.S (Ophthalmology) along with her team with their full support brings this to happiness. All post-operative vision was checked and recorded by the hospital team before the education session (where they discussed the post operative care required by the patients). Doctor went around and also spoke with the Patients. Dr Mathur while assessing patients after surgery said, “Cataract makes simple tasks difficult and in some cases impossible to perform. Hence, it should be removed as soon as it begins to affect daily activities. Do not wait for the cataract to get mature as unnecessary delay can lead to complications and a more difficult surgery. Dr Mathur also advised people to have a balanced diet which is rich in vitamins and proteins. One must go for regular eye check up after the age of 40 and get their retina, cornea and pupil screened to help delay cataract in a long way.

Oxygen & Sahyog arranged for the patients to be sent back to their villages by evening. IT WAS INDEED A HECTIC DAY WHERE TEAM WORKED TIRELESSLY TO ACHIEVE A MISSION AT HAND.



Acknowledgement

We express our heartiest thanks to surgeons of Lions Hospital and their teams for their honest & dedicated hard work. We are also grateful to the **volunteers** for helping CSR team in serving the Underprivileged and destitute. We would like to thank JDMS team specially, Dr. Manoj Dubey and Coordinator R.N Bajaj for their generosity in referring the patients and accompanying us to the hospital and continuously monitoring the situation at the hospital and ensuring they reach home safely with new Vision. Special thanks to Dr. Mathur, Medical Superintendent & senior surgeon at Lions Hospital who came to meet the patients while they were discharged.

With the largest population of blind people in the world, it's time India prioritized the eradication of cataract-caused visual impairment.

Seema Khurana

CSR Activist



