

## WOMEN HYGIENE DRIVE

**WHAC/44/2018-19**

Govt School, Sohna Road

Feb 15<sup>th</sup>, 2019

With the aim to make young girls aware about hygienic practices to be adopted during menstruation, an awareness camp was conducted at Govt Sr .Sec School, in Sohna district on Friday, Feb 15th 2019.

Addressing the students, Oxigen & Sahyog Foundation CSR Spoke person said, “Adolescent girls have several doubts about physical developments during the growing phase.” She called upon the parents and teachers to play a major role in clearing fear associated with menstrual cycle.

The session was attended by 90 girls from class 11 th & 12th .”MHM and proper orientation among girls about the biological process happening every month was the main agenda for which mass mobilisation was done under the campaign. During the session team In detail discussed on unhygienic practices observed during the periods and in everyday life leading to itching, burning, vaginal infections, infertility and other reproductive health complications. Therefore we all need to get understand



its Importance and be extra careful regarding our Health & Hygiene. The girls had an interactive session with Spoke person and the Sanitary napkins were distributed on the occasion.

Awareness about menstruation remains on top of the agenda at Oxigen & Sahyog Foundation CSR .“We dream of a future where menstruation is not a taboo, but a welcome transition into womanhood for girls where they refuse to be treated as



less capable, weaker, dirty or impure. It's high time we speak openly about menstruation in India, we truly need to quash the taboos one at a time,” she says, signing off.

**Seema Khurana**

**CSR Lead & Activist**

